



PO Box 11068, Dublin 2
Tel. 353-1-6627409

Email: ili@irishlandscapeinstitute.com
www.irishlandscapeinstitute.com

PUBLIC TALK

Landscape Architecture & Civic Wellbeing

ILI Lecture Series, 2009

Press contact: Joanne Coughlan at 01-6775670, or Laura Flynn at 01-6463459

Anna Bengtsson, MSc Landscape Architecture, PhD Candidate, Lecturer at Department of Landscape Planning, Swedish University of Agricultural Sciences, Alnarp

Venue: Main Lecture Theatre, **National Gallery of Ireland**, Merrion Square West, Dublin 2

Date: **Tuesday, April 7th, 2009**

Door: 6:00 pm

Lecture: **6:30 pm**

Cover: ILI, RIAI, IPI and IEI members free of charge, general public €5.00

The Irish Landscape Institute are pleased to announce the first date of 2009's public lectures, commencing the series with a talk on the design of landscape for civic wellbeing. 'Free Landscape' is the theme of this year's lecture series, drawing on paradoxical perceptions of landscape as both an abundant, pervasive natural resource and an exploited, scarce commodity.

Within the urban matrix, green landscape is at its most scarce. Park footprints face competition amidst property valued too highly to accommodate function at ground-level only. As the global population has reached an important milestone—more than half of all humanity now resides in a city—it falls to design professionals to consider the impacts of urban environment on the mental and physical health of its citizens and on civil society at large. To this end, Anna Bengtsson will be sharing some research on the impacts of landscape design and planning on human health. Topics on the agenda include:

- A study of effects of distances to green spaces on health
- A study of health effects of designed landscapes on the young and the elderly
- Healing Gardens; design and use
- Alnarp Rehabilitation Garden; a healing garden for persons suffering from depression and burn out syndrome.
- Accessibility and usability